

Cheslyn Hay Leisure Centre Swimming Timetable

Time	Session
Monday	
07:00-08:45	Adults Only
12:30-13:30	Adults / Parent and Toddlers
21:00-22:00	Adults Only
Tuesday	
19:00-20:00	Public Swim
21:00-22:00	Adults Only
Wednesday	
07:45-08:45	Adults Only
12:30-13:30	Adults / Parent and Toddlers
19:45-20:30	Aqua Aerobics
20:30-22:00	Adults Only ** ½ pool**
Thursday	
12:30-13:30	Adults / Parent and Toddlers
18:00-19:00	Public Swim
21:00-22:00	Adults Only
Friday	
07:00-08:30	Adults Only
12:30-13:30	Adults / Parents and Toddlers
20:00-21:30	Adults Only
Saturday	
14:00-15:00	Public Swim
15:15-16:15	Fun Time Session (Booking Advised)
16:30-17:30	Party Hire
Sunday	
08:00-09:30	Adults Only
11:00-12:00	Public Swim
13:15-14:15	Adults Only
14:30-15:30	Public Swim

For all sessions excluding fun sessions a minimum of two lanes will be available.

Staff Training
Some Sundays public swim 11:00-12:00 & 14:30-15:00 maybe affected for staff training please ask at reception for details.

Prices	
Adult Non-Member	
Peak	£ 4.60
Off Peak	£ 3.70
Adult Privilege Member	
Peak	£ 3.80
Off Peak	£ 3.00
60 Plus	£ 3.10
Junior	£ 2.80

Cheslyn Hay Leisure Centre • Tel: 01922 417790 • Email: cheslynhay@sstaffs.gov.uk

Codsall Leisure Centre • Tel: 01902 844032 • Email: codsall@sstaffs.gov.uk

Penkridge Leisure Centre • Tel: 01785 714152 • Email: penkridge@sstaffs.gov.uk

Wombourne Leisure Centre • Tel: 01902 898202 • Email: wombourne@sstaffs.gov.uk

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DESCRIPTIONS

PUBLIC SWIM	Recreational swimming for the whole family.
ADULTS ONLY	A swim for adults 16+.
ADULTS/PARENT AND TODDLERS	For adults accompanying children under 5.
FUNTIME SESSION	A fun session for children with floats.
SWIM LESSONS	See South Staffordshire Swim Academy timetable.
PARTY HIRE	Available to hire for Splish splash parties contact reception for more details.
AQUA AEROBICS	Exercise to music in the water reduced impacts on your joints great for all abilities.

GUIDELINES

Children under the age of 8 years must be accompanied by an adult aged 16+ on a ratio of 1 adult to 2 children. (If management feel children are at risk, a ratio of 1:1 may be enforced at the manager's discretion).
A pool hoist is available on request.
During school holidays the daytime programme is subject to change.
The Sunday morning programme may change due to club bookings.

AGE LIMITS

Child in opposite sex changing room	Under 8
Swimming unaccompanied	8yrs+
Parent & toddlers swim	Under 5
Adults accompanying child under 8	16yrs+
Swimming adults only	16yrs+

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