## Affordable fitness with South Staffordshire Council's leisure centres

## 

## Codsall Leisure Centre Swimming Timetable

| TIME | CLASS |  |
| :--- | :--- | :---: |
| Monday |  |  |
| $7.15 \mathrm{am}-8.15 \mathrm{am}$ | Early Bird Swim (adults only) |  |
| 4.00pm-7.00pm | Swimming Lessons |  |
| $7.05 \mathrm{pm}-7.50 \mathrm{pm}$ | Aqua Aerobics |  |
| $7.15 \mathrm{pm}-7: 50 \mathrm{pm}$ | Adult Swim (deep end only) |  |
| $7.50 \mathrm{pm}-8.30 \mathrm{pm}$ | Public Swim |  |
| Tuesday |  |  |
| 4.00pm-7.00pm | Swimming Lessons |  |
| $7.15 \mathrm{pm}-8: 15 \mathrm{pm}$ | Public Swim |  |
| Wednesday |  |  |
| 7.15am-8.15am | Early Bird Swim (adults only) |  |
| 5.00pm-8.00pm | Swimming Lessons |  |
| $8.15 \mathrm{pm}-9.30 \mathrm{pm}$ | Adult Swim |  |
| Thursday |  |  |
| 4.00pm-7.00pm | Swimming Lessons |  |
| $7.15 \mathrm{pm}-9.15 \mathrm{pm}$ | Public Swim |  |


| TIME | CLASS |  |
| :--- | :--- | :---: |
| Friday |  |  |
| 7.15am-8.15am | Early Bird Swim (adults only) |  |
| 3.30pm-4.15pm | 50+ Swim |  |
| $4: 30 \mathrm{pm}-7.30 \mathrm{pm}$ | Swimming Lessons |  |
| $7.45 \mathrm{pm}-8.45 \mathrm{pm}$ | Public Swim |  |
| $8.45 \mathrm{pm}-9.30 \mathrm{pm}$ | Adult Swim |  |
| Saturday |  |  |
| 8.00am-8.45am | Adult Swim |  |
| 9.00am-1.00pm | Swimming Lessons |  |
| 1.30pm-2.30pm | Fun Swim |  |
| 3.00pm-4.00pm | Public Swim |  |
| Sunday |  |  |
| 9.00am-10.00am | Adult Swim |  |
| 10.15am-11.45am | Public Swim |  |
| 12.00pm-2.30pm | Swimming Lessons |  |
| 3.00pm-4.00pm | Fun Swim |  |


|  | PAY AS YOU GO |  | PRIVILEGE MEMBER |  |
| :--- | :---: | :---: | :---: | :---: |
|  | PEAK | OFF PEAK | PEAK | OFF PEAK |
| Adults | $£ 4.90$ | $£ 3.90$ | $£ 4.20$ | $£ 3.30$ |
| Junior | $£ 3.10$ | $£ 3.10$ |  |  |
| Under 5’s | Free | Free |  |  |
| $60+$ | $£ 3.50$ | $£ 3.50$ |  |  |
|  |  |  |  |  |

Off peak is before 5 pm ; Peak times are after 5 pm .

Cheslyn Hay Leisure Centre • Tel: 01922 417790 • Email: cheslynhay@sstaffs.gov.uk
Codsall Leisure Centre • Tel: 01902844032 • Email: codsall@sstaffs.gov.uk Penkridge Leisure Centre • Tel: 01785 714152 • Email: penkridge@sstaffs.gov.uk Wombourne Leisure Centre • Tel: 01902898202 • Email: wombourne@sstaffs.gov.uk

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## swimmine

## Codsall Leisure Centre

## DESCRIPTIONS

| PUBLIC SWIM | Recreational swimming for the whole family. |
| :--- | :--- |
| ADULTS ONLY | A swim for adults 16+. |
| EARLY BIRD SWIM | A swim for adults 16+. |
| FUN SWIM | A fun session for children with floats. |
| SWIM LESSONS | See South Staffordshire Swim Academy timetable. |

## GUIDELINES

Children under the age of 8 years must be accompanied by an adult aged 16+ on a ratio of 1 adult to 2 children. (If management feel children are at risk, a ratio of $1: 1$ may be enforced at the manager's discretion).
A pool hoist is available on request.

AGE LIMITS

| Child in opposite sex changing room | Under 8 |
| :--- | :--- |
| Swimming unaccompanied | 8 yrs+ |
| Adults accompanying child under 8 | $16 y r s+$ |
| Swimming adults only | $16 y r s+$ |

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