# Affordable fitness with South Staffordshire Council's leisure centres



# **Codsall Leisure Centre**

TIME	CLASS
Monday	
7.15am-8.15am	Early Bird Swim (adults only)
4.00pm-7.00pm	Swimming Lessons
7.05pm-7.50pm	Aqua Aerobics
7.15pm-7:50pm	Adult Swim (deep end only)
7.50pm-8.30pm	Public Swim
Tuesday	
4.00pm-7.00pm	Swimming Lessons
7.15pm-8:15pm	Public Swim
Wednesday	
7.15am-8.15am	Early Bird Swim (adults only)
5.00pm-8.00pm	Swimming Lessons
8.15pm-9.30pm	Adult Swim
Thursday	
4.00pm-7.00pm	Swimming Lessons
7.15pm-9.15pm	Public Swim

TIME	CLASS
Friday	
7.15am-8.15am	Early Bird Swim (adults only)
3.30pm-4.15pm	50+ Swim
4:30pm-7.30pm	Swimming Lessons
7.45pm-8.45pm	Public Swim
8.45pm-9.30pm	Adult Swim
Saturday	
8.00am-8.45am	Adult Swim
9.00am-1.00pm	Swimming Lessons
1.30pm-2.30pm	Fun Swim
3.00pm-4.00pm	Public Swim
Sunday	
9.00am-10.00am	Adult Swim
10.15am11.45am	
12.00pm-2.30pm	Swimming Lessons
3.00pm-4.00pm	Fun Swim



For the most up to date timetable please scan the QR code to view our website. Sign up to our Leisure Hub digital platform for online bookings and

Cheslyn Hay Leisure Centre • Tel: 01922 417790 • Email: cheslynhay@sstaffs.gov.uk Codsall Leisure Centre • Tel: 01902 844032 • Email: codsall@sstaffs.gov.uk Penkridge Leisure Centre • Tel: 01785 714152 • Email: penkridge@sstaffs.gov.uk Wombourne Leisure Centre • Tel: 01902 898202 • Email: wombourne@sstaffs.gov.uk

transactions.

# www.sstaffs.gov.uk/leisure · leisure@sstaffs.gov.uk

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# Swimming

### DESCRIPTIONS

PUBLIC SWIM	Recreational swimming for the whole family.
ADULTS ONLY	A swim for adults 16+.
EARLY BIRD SWIM	A swim for adults 16+.
FUN SWIM	A fun session for children with floats.
SWIM LESSONS	See South Staffordshire Swim Academy timetable.

## **GUIDELINES**

Children under the age of 8 years must be accompanied by an adult aged 16+ on a ratio of 1 adult to 2 children. (If management feel children are at risk, a ratio of 1:1 may be enforced at the manager's discretion).

A pool hoist is available on request.

During school holidays the daytime programme is subject to change.

Male and female changing rooms are available and lockers are provided. These take a £1 coin to lock which is returnable.

The swimming pool is 0.9m deep in the shallow end and 3.3m deep in the deep end with ladder entry in both the shallow and deep end of the pool.

Off peak membership times are from centre opening – 5pm. Peak times are 5pm onwards

AGE L	AGE LIMITS		
Child in opposite sex changing room	Under 8		
Swimming unaccompanied	8yrs+		
Adults accompanying child under 8	16yrs+		
Swimming adults only	16yrs+		

PRICES		
	PAY AS YOU GO	LEISURE ADVANTAGE
		CARD
Adults	£5.00	£4.50
Junior	£3.20	£2.90
Under 5's	Free	Free
60+	£3.60	£3.20

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