

# Swimming

## Penkridge Leisure Centre Term Time Swimming Pool Timetable

TIME	CLASS
<b>Monday</b>	
7:30am-8:30am	Adults Only
9:00am-9:45am	Aqua Aerobics
5:00pm-7:00pm	Swimming Lessons
8:15pm-9:15pm	Adults Only*
<b>Tuesday</b>	
5pm-7pm	Swimming Lessons
7pm-8pm	Public Swim
8:15pm-9:15pm	Adults Only
<b>Wednesday</b>	
9:15am-10am	Aqua Aerobics
10am-10:45am	Adults Only
12:30pm-1:15pm	60+ Swim
4pm-6:30pm	Swimming Lessons
7pm-8pm	Public Swim
8:15pm-9:15pm	Adults Only

TIME	CLASS
<b>Thursday</b>	
12pm-1pm	Adults Only
4pm-7pm	Swimming Lessons
7:15pm-8pm	Aqua Aerobics
8pm-9pm	Adults Only
<b>Friday</b>	
9:15am-10am	Aqua Aerobics
10am-11am	Adults Only
6:15pm-7:15pm	Public Swim
7:15pm-8:15pm	Adults Only
<b>Saturday</b>	
9am-12pm	Swimming Lessons
1pm-2:30pm	Public Swim
<b>Sunday</b>	
9:00am-10:30am	Adults Only
10:30am-12pm	Public Swim
12pm-1pm	Children's Parties
1pm-2:30pm	Public Swim



SCAN ME

For the most up to date timetable please scan the QR code to view our website.

**Please note that during school holidays the daytime programme is subject to change.**

Sign up to our Leisure Hub digital platform for online bookings and transactions.

Cheslyn Hay Leisure Centre • Tel: 01922 417790 • Email: [cheslynhay@sstaffs.gov.uk](mailto:cheslynhay@sstaffs.gov.uk)  
 Codsall Leisure Centre • Tel: 01902 844032 • Email: [codsall@sstaffs.gov.uk](mailto:codsall@sstaffs.gov.uk)  
 Penkridge Leisure Centre • Tel: 01785 714152 • Email: [penkridge@sstaffs.gov.uk](mailto:penkridge@sstaffs.gov.uk)  
 Wombourne Leisure Centre • Tel: 01902 898202 • Email: [wombourne@sstaffs.gov.uk](mailto:wombourne@sstaffs.gov.uk)

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## DESCRIPTIONS

<b>PUBLIC SWIM</b>	Recreational swimming for the whole family.
<b>ADULTS ONLY</b>	A swim for adults 16+.
<b>60+ SWIM</b>	A swim for adults 60+.
<b>SWIM LESSONS</b>	See South Staffordshire Swim Academy timetable.

## GUIDELINES

Children under the age of 8 years must be accompanied by an adult aged 16+ on a ratio of 1 adult to 2 children. (If management feel children are at risk, a ratio of 1:1 may be enforced at the manager's discretion).
A pool hoist is available on request.
During school holidays the daytime programme is subject to change.
The Sunday morning programme may change due to club bookings.
Male and female changing rooms are available and lockers are provided. These take a 20p coin to lock which is returnable.
The swimming pool is 0.90m deep in the shallow end and 2.3m deep in the deep end with ladder entry in both the shallow and deep end of the pool.
Off peak membership times are from centre opening – 5pm. Peak times are 5pm onwards

## AGE LIMITS

Child in opposite sex changing room	Under 8
Swimming unaccompanied	8yrs+
Parent & toddlers swim	Under 5
Adults accompanying child under 8	16yrs+
Swimming adults only	16yrs+

## PRICES

	PAY AS YOU GO	LEISURE ADVANTAGE CARD
<b>Adults</b>	£5.00	£4.50
<b>Junior</b>	£3.20	£2.90
<b>Under 5's</b>	Free	Free
<b>60+</b>	£3.60	£3.20

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