

Toning Suites

Wombourne Leisure Centre

Our six Easytone chairs and three Power tone beds are designed to provide a circuit that will exercise and stretch all the major muscle groups in the body, whilst at the same time stimulating the muscles and improving circulation.

Free trials available on request.

Monday	
6.45am-9.30pm	Available for booking
Tuesday	
6.45am-9.30pm	Available for booking
Wednesday	
6.45am-9.30pm	Available for booking
Thursday	
6.45am-9.30pm	Available for booking
Friday	
6.45am-9.30pm	Available for booking
Saturday	
8am-8pm	Available for booking
Sunday	
7.30am-7pm	Available for booking

PRICES

	PAY AS YOU GO	LEISURE ADVANTAGE CARD
Free Trial	Free	Free
Single session	£7.30	£6.60

Cheslyn Hay Leisure Centre • Tel: 01922 417790 • Email: cheslynhay@sstaffs.gov.uk

Codsall Leisure Centre • Tel: 01902 844032 • Email: codsall@sstaffs.gov.uk

Penkridge Leisure Centre • Tel: 01785 714152 • Email: penkridge@sstaffs.gov.uk

Wombourne Leisure Centre • Tel: 01902 898202 • Email: wombourne@sstaffs.gov.uk