

Swimming

Penkridge Leisure Centre Timetable October Half Term

| TIME | SESSION |
|-------------------|------------------|
| Monday | |
| 7am-7:45am | Adults Only |
| 8am-8:45am | Aqua Aerobics |
| 9am – 10am | Public Swim |
| 5pm-7pm | Swimming Lessons |
| 8:15pm-9:15pm | Adults Only* |
| Tuesday | |
| 10am - 11am | Public Swim |
| 11:15am – 12:15pm | Adult Swim |
| 5pm-7pm | Swimming Lessons |
| 7:15pm – 8pm | Aqua Aerobics |
| 8pm-9pm | Adults Only |
| Wednesday | |
| 9:15am-10am | Aqua Aerobics |
| 10am-11am | Adults Only |
| 11:15am – 12:15pm | Public Swim |
| 4pm-6:30pm | Swimming Lessons |
| 7pm-8pm | Public Swim |
| 8:15pm-9:15pm | Adults Only |
| | |
| | |

*Session will not be on two weeks a month due to lifeguard staff training. Please call before to check.

| TIME | SESSION |
|-------------------|--------------------|
| Thursday | |
| 12pm-1pm | Adults Only |
| 1:15pm – 2:15pm | Public Swim |
| 4pm-7pm | Swimming Lessons |
| 7:15pm-8pm | Aqua Aerobics |
| 8pm-9pm | Adults Only |
| | |
| Friday | |
| 9:15am-10am | Aqua Aerobics |
| 10am-11am | Adults Only |
| 11:15am – 12:15pm | Public Swim |
| 6:15pm-7:15pm | Public Swim |
| 7:15pm-8:15pm | Adults Only |
| | |
| Saturday | |
| 9am-12pm | Swimming Lessons |
| 1pm-2pm | Family Swim |
| | |
| | |
| Sunday | |
| 9:00am-10:30am | Adults Only |
| 10:30am-12pm | Family Swim |
| 12pm-1pm | Children's Parties |
| 1pm-2:30pm | Family Swim |
| | |

| Prices | Members | Non Members |
|----------|---------|-------------|
| Adults | £0.00 | £5.00 |
| Children | £0.00 | £3.20 |
| 60+ | £0.00 | £3.60 |

Cheslyn Hay Leisure Centre • Tel: 01922 417790 • Email: cheslynhay@sstaffs.gov.uk
 Codsall Leisure Centre • Tel: 01902 844032 • Email: codsall@sstaffs.gov.uk
 Penkridge Leisure Centre • Tel: 01785 714152 • Email: penkridge@sstaffs.gov.uk
 Wombourne Leisure Centre • Tel: 01902 898202 • Email: wombourne@sstaffs.gov.uk

Swimming

DESCRIPTIONS

| | |
|---------------------|---|
| PUBLIC SWIM | Recreational swimming for the whole family. |
| ADULTS ONLY | A swim for adults 16+. |
| 60+ SWIM | A swim for adults aged 60 and over |
| SWIM LESSONS | See South Staffordshire Swim Academy timetable. |

INFORMATION

Children under the age of 8 years must be accompanied by an adult aged 16+ on a ratio of 1 adult to 2 children. (If management feel children are at risk, a ratio of 1:1 may be enforced at the manager's discretion).

Male and female changing rooms are available, and lockers are provided. These take a 20p coin to lock.

A pool hoist is available on request.

During school holidays the daytime programme is subject to change.

Pre-booking is unavailable. Bather load restrictions are in place and management reserves the right to refuse admission if the pool capacity is reached.

The swimming pool is 0.90m deep in the shallow end and 2.3m deep in the deep end with ladder entry in each corner of the pool.

Off peak times are 7am – 5pm. Peak times are 5pm onwards

AGE LIMITS

| | |
|-------------------------------------|---------|
| Child in opposite sex changing room | Under 8 |
| Swimming unaccompanied | 8yrs+ |
| Parent & toddlers swim | Under 5 |
| Adults accompanying child under 8 | 16yrs+ |
| Swimming adults only | 16yrs+ |

For the most up to date swimming timetable please scan the QR code to view our website.

Sign up to our Leisure Hub digital platform for all online bookings and transactions.



SCAN ME

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