Swimming

Wombourne Leisure Centre Term Time Swimming Pool Timetable

| TIME | CLASS | |
|----------------|-------------------------------------|--|
| Monday | | |
| 6.45am-8.45am | Adult swim | |
| 1.50pm-2.30pm | Public swim* | |
| 4pm-5.30pm | Public swim | |
| 5.40pm-6.25pm | Aqua aerobics | |
| 6.45pm-7.30pm | Adult lane swim | |
| 7.30pm-9.30pm | Wombourne swimming club | |
| Tuesday | | |
| 6.45am-9.30am | Adult swim | |
| 9.45am-10.45am | Parents and toddler/Little Flippers | |
| 11.15am-12pm | Aqua Aerobics | |
| 4pm-7pm | Swimming lessons | |
| 7.15pm-9.30pm | Wombourne swimming club | |
| Wednesday | | |
| 6.45am-8.45am | Adult swim | |
| 9am-11am | Public swim | |
| 11.30am-1.30pm | Adult swim | |
| 4pm-6.30pm | Swimming lessons | |
| 6.45pm-7.45pm | Adult lane swim | |
| 8pm-9.30pm | Black country triathletes | |

Important information.

Please be aware that swimmers must clear the changing rooms by 9am weekdays (with the exclusion of Tuesday's) due to the school swimming sessions.

- *General public cannot enter the changing rooms until 1.50pm.
- **General public cannot enter the changing rooms until 12.20pm and must clear the changing rooms by 1.50pm.

| TIME | CLASS | |
|------------------------------|------------------------------------|--|
| Thursday | | |
| 6.45am-8.45am | Adult swim | |
| 4pm-6.30pm | Swimming lessons | |
| 6.30pm-7.30pm | Lifesaving - Rookie | |
| 7.30pm-8.30pm | Lifesaving – Survive and save | |
| 8.45pm-9.30pm | Adult lane swim | |
| Friday | | |
| 6.45am-8.45am | Adult swim | |
| 12.20pm-1.30pm | Public swim** | |
| 4pm-5.15pm | Fun time | |
| 5.30pm-6.30pm | Adult lane swim | |
| 6.30pm-9.30pm | Wombourne swimming club | |
| Saturday | | |
| 8am-9am | Adult swim | |
| 9.15am-1.15pm | Swimming lessons | |
| 1.30pm-3.15pm | Public swim | |
| 3.30pm-5pm | Black country triathletes | |
| 5.15pm-6pm | Fun time | |
| | | |
| 6.15pm-7pm | Party hire / Pool hire | |
| 6.15pm-7pm Sunday | Party hire / Pool hire | |
| | Party hire / Pool hire Adult swim | |
| Sunday | | |
| Sunday 7.30am-8.45am | Adult swim | |
| 7.30am-8.45am 9am-12.30pm | Adult swim Swimming lessons | |



For the most up to date timetable please scan the QR code to view our website.

Please note that during school holidays the daytime programme is subject to change.

Sign up to our Leisure Hub digital platform for online bookings and transactions.

Cheslyn Hay Leisure Centre • Tel: 01922 417790 • Email: cheslynhay@sstaffs.gov.uk
Codsall Leisure Centre • Tel: 01902 844032 • Email: codsall@sstaffs.gov.uk
Penkridge Leisure Centre • Tel: 01785 714152 • Email: penkridge@sstaffs.gov.uk
Wombourne Leisure Centre • Tel: 01902 898202 • Email: wombourne@sstaffs.gov.uk

Swiming

DESCRIPTIONS

| PUBLIC SWIM | Recreational swimming for the whole family. | |
|--------------------|--|--|
| ADULTS ONLY | A swim for adults 16+. | |
| PARENT AND TODDLER | For adults accompanying children under 5. | |
| SEND SWIM | A session for those with additional needs. Carers swim free of charge. | |
| FUNTIME SESSION | A fun session for children with floats. | |
| SWIM LESSONS | See South Staffordshire Swim Academy timetable. | |
| LITTLE FLIPPERS | Term time course for children aged 18 months – 3 yrs. | |
| LIFESAVING CLASSES | RLSS UK's Rookie Lifeguard programme gives your child the skills they | |
| | need to be confident in the pool or the sea. | |

GUIDELINES

Children under the age of 8 years must be accompanied by an adult aged 16+ on a ratio of 1 adult to 2 children. (If management feel children are at risk, a ratio of 1:1 may be enforced at the manager's discretion).

A pool hoist is available on request.

During school holidays the daytime programme is subject to change.

The Sunday morning programme may change due to club bookings.

Male and female changing rooms are available and lockers are provided. These take a £1 coin to lock which is returnable.

The swimming pool is 1m deep in the shallow end and 2m deep in the deep end with ladder entry in both the shallow and deep end of the pool.

Off peak membership times are from centre opening – 5pm. Peak times are 5pm onwards

AGE LIMITS

| Child in opposite sex changing room | Under 8 | | |
|-------------------------------------|--------------|--|--|
| Swimming unaccompanied | 8yrs+ | | |
| Parent & toddlers swim | Under 5 | | |
| Adults accompanying child under 8 | 16yrs+ | | |
| Swimming adults only | 16yrs+ | | |
| Little flippers | 18mths-3 yrs | | |

PRICES

| | PAY AS YOU GO | LEISURE ADVANTAGE CARD |
|------------------|---------------|---------------------------|
| Adults | £5.10 | £4.60 |
| Junior | £3.30 | £2.90 |
| Under 5's | Free | Free |
| 60+ | £3.70 | £3.30 |
| Parent & toddler | £4.40 | £4.00 |
| Lifesaving Child | £4.00 | £3.60 |
| Lifesaving Adult | £5.50 | £5.00 |

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