Affordable fitness with South Staffordshire Council's leisure centres

Swimming

Codsall Leisure Centre Summer Holiday Swimming Timetable Monday 21st July to Sunday 24th August

TIME	CLASS		
Monday			
7.15am-8.15am	Early Bird Swim (adults only)		
9.30am-10.30am	Public Swim		
11.00am-12.00pm	Fun Swim		
4.00pm-7.00pm	Swimming Lessons		
7.05pm-7.50pm	Aqua Aerobics		
7.15pm-7.50pm	Adult Swim (deep end only)		
7.50pm-8.30pm	Public Swim		
Tuesday			
7.30am-8.15am	Aqua Aerobics		
9.30am-10.30am	Public Swim		
11.00am-12.00pm	Fun Swim		
4.00pm-7.00pm	Swimming Lessons		
7.15pm-8.15pm	Public Swim		
Wednesday			
7.15am-8.15am	Early Bird Swim (adults only)		
9.30am-10.30am	Public Swim		
11.00am-12.00pm	Fun Swim		
3.30pm-4.15pm	50+ Swim		
5.00pm-8.00pm	Swimming Lessons		
8.15pm-9.30pm	Adult Swim		
Thursday			
9.30am-10.30am	Public Swim		
11.00am-12.00pm	Fun Swim		
4.00pm-7.00pm	Swimming Lessons		
7.15pm-9.15pm	Public Swim		

TIME	CLASS		
Friday			
7.15am-8.15am	Early Bird Swim (adults only)		
9.30am-10.30am	Public Swim		
11.00am-12.00pm	Fun Swim		
3.30pm-4.15pm	50+ Swim		
4:30pm-7.30pm	Swimming Lessons		
7.45pm-8.45pm	Public Swim		
8.45pm-9.30pm	Adult Swim		
Saturday			
8.00am-8.45am	Adult Swim		
9.00am-1.00pm	Swimming Lessons		
1.30pm-2.30pm	Fun Swim		
3.00pm-4.00pm	Public Swim		
Sunday			
9.00am-10.00am	Adult Swim		
10.15am-11.45am	Public Swim		
12.00pm-2.30pm	Swimming Lessons		
3.00pm-4.00pm	Fun Swim		

Cheslyn Hay Leisure Centre • Tel: 01922 417790 • Email: cheslynhay@sstaffs.gov.uk

Codsall Leisure Centre • Tel: 01902 844032 • Email: codsall@sstaffs.gov.uk

Penkridge Leisure Centre • Tel: 01785 714152 • Email: penkridge@sstaffs.gov.uk

Wombourne Leisure Centre • Tel: 01902 898202 • Email: wombourne@sstaffs.gov.uk

Swimming

Codsall Leisure Centre Summer Holiday Swimming Timetable Monday 25th August to Sunday 31st August

TIME	CLASS		
Monday	CLOSED		
Tuesday			
7.30am-8.15am	Aqua Aerobics		
9.30am-10.30am	Public Swim		
11.00am-12.00pm	Fun Swim		
4.00pm-7.00pm	Swimming Lessons		
7.15pm-8.15pm	Public Swim		
Wednesday			
7.15am-8.15am	Early Bird Swim (adults only)		
9.30am-10.30am	Public Swim		
11.00am-12.00pm	Fun Swim		
3.30pm-4.15pm	50+ Swim		
5.00pm-8.00pm	Swimming Lessons		
8.15pm-9.30pm	Adult Swim		
Thursday			
9.30am-10.30am	Public Swim		
11.00am-12.00pm	Fun Swim		
4.00pm-7.00pm	Swimming Lessons		
7.15pm-9.15pm	Public Swim		

TIME	CLASS		
Friday			
7.15am-8.15am	Early Bird Swim (adults only)		
9.30am-10.30am	Public Swim		
11.00am-12.00pm	Fun Swim		
3.30pm-4.15pm	50+ Swim		
4:30pm-7.30pm	Swimming Lessons		
7.45pm-8.45pm	Public Swim		
8.45pm-9.30pm	Adult Swim		
Saturday			
8.00am-8.45am	Adult Swim		
9.00am-1.00pm	Swimming Lessons		
1.30pm-2.30pm	Fun Swim		
3.00pm-4.00pm	Public Swim		
Sunday			
9.00am-10.00am	Adult Swim		
10.15am-11.45am	Public Swim		
12pm-2.30pm	Swimming Lessons		
3.00pm-4.00pm	Fun Swim		

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Swimming

DESCRIPTIONS

PUBLIC SWIM	Recreational swimming for the whole family.	
ADULTS ONLY	A swim for adults 16+.	
EARLY BIRD SWIM	A swim for adults 16+.	
FUN SWIM	A fun session for children with floats.	
SWIM LESSONS	See South Staffordshire Swim Academy timetable.	

GUIDELINES

Children under the age of 8 years must be accompanied by an adult aged 16+ on a ratio of 1 adult to 2 children. (If management feel children are at risk, a ratio of 1:1 may be enforced at the manager's discretion).

A pool hoist is available on request.

During school holidays the daytime programme is subject to change.

Male and female changing rooms are available and lockers are provided. These take a £1 coin to lock which is returnable.

The swimming pool is 0.9m deep in the shallow end and 3.3m deep in the deep end with ladder entry in both the shallow and deep end of the pool.

Off peak membership times are from centre opening – 5pm. Peak times are 5pm onwards

AGE LIMITS

Child in opposite sex changing room	Under 8
Swimming unaccompanied	8yrs+
Adults accompanying child under 8	16yrs+
Swimming adults only	16yrs+

PRICES

	PAY AS YOU GO	LEISURE ADVANTAGE
		CARD
Adults	£5.10	£4.60
Junior	£3.30	£2.90
Under 5's	Free	Free
60+	£3.70	£3.30

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