

# Swimming

## Wombourne Leisure Centre Summer Holiday Swimming Pool Timetable **Week 1** Monday 21<sup>st</sup> July 2025 – Sunday 27<sup>th</sup> July 2025

TIME	CLASS
<b>Monday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim
12pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm—5.30pm	Public swim
5.40pm-6.25pm	Aqua Aerobics
6.45pm-7.30pm	Adult lane swim
7.30pm-8.30pm	Public swim
<b>Tuesday</b>	
6.45am-9.30am	Adult swim
9.45am-10.45am	Parents and toddler
11.15am-12pm	Aqua aerobics
12.15pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm-7pm	Swimming lessons
7.30pm-8.30pm	Public swim
<b>Wednesday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim
12pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm-6.30pm	Swimming lessons
6.45pm-7.45pm	Adult lane swim
8pm-9.30pm	Black country triathletes

TIME	CLASS
<b>Thursday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim
12pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm-6.30pm	Swimming lessons
6.30pm-7.30pm	Lifesaving - Rookie
7.30pm-8.30pm	Lifesaving – Survive and save
8.45pm-9.30pm	Adult lane swim
<b>Friday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim
12pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm-5.15pm	Fun time swim
5.30pm-6.30pm	Adult lane swim
7pm-8pm	Public swim
<b>Saturday</b>	
8am-9am	Adult swim
9.15am-1.15pm	Swimming lessons
1.30pm-3.15pm	Public swim
3.30pm-5pm	Black country triathletes
5.15pm-6pm	Fun time swim
6.15pm-7pm	Party hire / Pool hire
<b>Sunday</b>	
7.30am-8.45am	Adult swim
9am-12.30pm	Swimming lessons
12.45pm-1.30pm	SEND swim
2pm-2.45pm	Fun time swim

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## Wombourne Leisure Centre Summer Holiday Swimming Pool Timetable **Week 2** **Monday 28<sup>th</sup> July 2025 – Sunday 3<sup>rd</sup> August 2025**

TIME	CLASS
<b>Monday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim
12pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm—5.30pm	Public swim
5.40pm-6.25pm	Aqua Aerobics
6.45pm-7.30pm	Adult lane swim
7.30pm-8.30pm	Public swim
<b>Tuesday</b>	
6.45am-9.30am	Adult swim
9.45am-10.45am	Parents and toddler
11.15am-12pm	Aqua aerobics
12.15pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm-7pm	Swimming lessons
7.30pm-8.30pm	Public swim
<b>Wednesday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim
12pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm-6.30pm	Swimming lessons
6.45pm-7.45pm	Adult lane swim
8pm-9.30pm	Black country triathletes

TIME	CLASS
<b>Thursday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim
12pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm-6.30pm	Swimming lessons
6.30pm-7.30pm	Lifesaving - Rookie
7.30pm-8.30pm	Lifesaving – Survive and save
8.45pm-9.30pm	Adult lane swim
<b>Friday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim
12pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm-5.15pm	Fun time swim
5.30pm-6.30pm	Adult lane swim
7pm-8pm	Public swim
<b>Saturday</b>	
8am-9am	Adult swim
9.15am-1.15pm	Swimming lessons
1.30pm-3.15pm	Public swim
3.30pm-5pm	Black country triathletes
5.15pm-6pm	Fun time swim
6.15pm-7pm	Party hire / Pool hire
<b>Sunday</b>	
7.30am-8.45am	Adult swim
9am-12.30pm	Swimming lessons
12.45pm-1.30pm	SEND swim
2pm-2.45pm	Fun time swim

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## Wombourne Leisure Centre Summer Holiday Swimming Pool Timetable **Week 3** **Monday 4<sup>th</sup> August 2025 – Sunday 10<sup>th</sup> August 2025**

TIME	CLASS
<b>Monday</b>	
6.45am-9.30am	Adult swim
10.00am-11.30am	Public swim
12pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm—5.30pm	Public swim
5.40pm-6.25pm	Aqua Aerobics
6.45pm-7.30pm	Adult lane swim
7.30pm-9.30pm	Wombourne swimming club
<b>Tuesday</b>	
6.45am-9.30am	Adult swim
9.45am-10.45am	Parents and toddler
11.15am-12pm	Aqua aerobics
12.15pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm-7pm	Swimming lessons
7.15pm-9.30pm	Wombourne swimming club
<b>Wednesday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim
12pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm-6.30pm	Swimming lessons
6.45pm-7.45pm	Adult lane swim
8pm-9.30pm	Black country triathletes

TIME	CLASS
<b>Thursday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim
12pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm-6.30pm	Swimming lessons
6.30pm-7.30pm	Lifesaving - Rookie
7.30pm-8.30pm	Lifesaving – Survive and save
8.45pm-9.30pm	Adult lane swim
<b>Friday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim
12pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm-5.15pm	Fun time swim
5.30pm-6.30pm	Adult lane swim
6.30pm-9.30pm	Wombourne swimming club
<b>Saturday</b>	
8am-9am	Adult swim
9.15am-1.15pm	Swimming lessons
1.30pm-3.15pm	Public swim
3.30pm-5pm	Black country triathletes
5.15pm-6pm	Fun time swim
6.15pm-7pm	Party hire / Pool hire
<b>Sunday</b>	
7.30am-8.45am	Adult swim
9am-12.30pm	Swimming lessons
12.45pm-1.30pm	SEND swim
2pm-2.45pm	Fun time swim
3pm-7pm	Wombourne swimming club

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# Swimming

## Wombourne Leisure Centre Summer Holiday Swimming Pool Timetable **Week 4** **Monday 11<sup>th</sup> August 2025 – Sunday 17<sup>th</sup> August 2025**

TIME	CLASS
<b>Monday</b>	
6.45am-9.30am	Adult swim
10.00am-11.30am	Public swim
12pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm—5.30pm	Public swim
5.40pm-6.25pm	Aqua Aerobics
6.45pm-7.30pm	Adult lane swim
7.30pm-9.30pm	Wombourne swimming club
<b>Tuesday</b>	
6.45am-9.30am	Adult swim
9.45am-10.45am	Parents and toddler
11.15am-12pm	Aqua aerobics
12.10pm-12.50pm	Public swim
1pm-4pm	STA Certificate course
4pm-7pm	Swimming lessons
7.15pm-9.30pm	Wombourne swimming club
<b>Wednesday</b>	
6.45am-9.30am	Adult swim
10am-11am	Public swim
11.30am-12.30pm	Fun time swim
1pm-4pm	STA Certificate course
4pm-6.30pm	Swimming lessons
6.45pm-7.45pm	Adult lane swim
8pm-9.30pm	Black country triathletes

TIME	CLASS
<b>Thursday</b>	
6.45am-9.30am	Adult swim
10am-11am	Public swim
11.30am-12.30pm	Fun time swim
1pm-4pm	STA Certificate course
4pm-6.30pm	Swimming lessons
6.30pm-7.30pm	Lifesaving - Rookie
7.30pm-8.30pm	Lifesaving – Survive and save
8.45pm-9.30pm	Adult lane swim
<b>Friday</b>	
6.45am-9.30am	Adult swim
10am-11am	Public swim
11.30am-12.30pm	Fun time swim
1pm-4pm	STA Certificate course
4pm-5.15pm	Fun time swim
5.30pm-6.30pm	Adult lane swim
6.30pm-9.30pm	Wombourne swimming club
<b>Saturday</b>	
8am-9am	Adult swim
9.15am-1.15pm	Swimming lessons
1.30pm-3.15pm	Public swim
3.30pm-5pm	Black country triathletes
5.15pm-6pm	Fun time swim
6.15pm-7pm	Party hire / Pool hire
<b>Sunday</b>	
7.30am-8.45am	Adult swim
9am-12.30pm	Swimming lessons
12.45pm-1.30pm	SEND swim
2pm-2.45pm	Fun time swim
3pm-7pm	Wombourne swimming club

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# Swimming

## Wombourne Leisure Centre Summer Holiday Swimming Pool Timetable **Week 5** **Monday 18<sup>th</sup> August 2025 – Sunday 24<sup>th</sup> August 2025**

TIME	CLASS
<b>Monday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim*/NPLQ course*
12pm-1pm	Adult swim*/NPLQ course*
1.30pm-2.30pm	Fun time swim
4pm—5.30pm	Public swim
5.40pm-6.25pm	Aqua Aerobics
6.45pm-7.30pm	Adult lane swim
7.30pm-9.30pm	Wombourne swimming club
<b>Tuesday</b>	
6.45am-9.30am	Adult swim
9.45am-10.45am	Parents and toddler
11.15am-12pm	Aqua aerobics
1pm-2.30pm	Public swim*/NPLQ course*
1pm-4pm	Award for swimming teachers course
4pm-7pm	Swimming lessons
7.15pm-9.30pm	Wombourne swimming club
<b>Wednesday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim*/NPLQ course*
12pm-1pm	Adult swim*/NPLQ course*
1.30pm-2.30pm	Fun time swim
4pm-6.30pm	Swimming lessons
6.45pm-7.45pm	Adult lane swim
8pm-9.30pm	Black country triathletes

\*Half Pool sessions due to  
NPLQ Course\*

TIME	CLASS
<b>Thursday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim*/NPLQ course*
12pm-1pm	Adult swim*/NPLQ course*
1.30pm-2.30pm	Fun time swim
4pm-6.30pm	Swimming lessons
6.30pm-7.30pm	Lifesaving - Rookie
7.30pm-8.30pm	Lifesaving – Survive and save
8.45pm-9.30pm	Adult lane swim
<b>Friday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim*/NPLQ course*
12pm-1pm	Adult swim*/NPLQ course*
1.30pm-2.30pm	Fun time swim
4pm-5.15pm	Fun time swim
5.30pm-6.30pm	Adult lane swim
6.30pm-9.30pm	Wombourne swimming club
<b>Saturday</b>	
8am-9am	Adult swim
9.15am-1.15pm	Swimming lessons
1.30pm-3.15pm	Public swim*/NPLQ course*
3.30pm-5pm	Black country triathletes
5.15pm-6pm	Fun time swim
6.15pm-7pm	Party hire / Pool hire
<b>Sunday</b>	
7.30am-8.45am	Adult swim
9am-12.30pm	Swimming lessons
12.45pm-1.30pm	SEND swim
2pm-2.45pm	Fun time swim
3pm-7pm	Wombourne swimming club

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# Swimming

## Wombourne Leisure Centre Summer Holiday Swimming Pool Timetable **Week 6** **Monday 25<sup>th</sup> August 2025 – Sunday 31<sup>st</sup> August 2025**

TIME	CLASS
<b>Monday</b>	
	CLOSED
<b>Tuesday</b>	
6.45am-9.30am	Adult swim
9.45am-10.45am	Parents and toddler
11.15am-12pm	Aqua aerobics
12.15pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm-7pm	Swimming lessons
7.15pm-9.30pm	Wombourne swimming club
<b>Wednesday</b>	
6.45am-9.30am	Adult swim
10am-11.30am	Public swim
12pm-1pm	Adult swim
1.30pm-2.30pm	Fun time swim
4pm-6.30pm	Swimming lessons
6.45pm-7.45pm	Adult lane swim
8pm-9.30pm	Black country triathletes

TIME	CLASS
<b>Thursday</b>	
6.45am-9.30am	Adult swim
10am-11am	Public swim
11.30am-12.30pm	Fun time swim
1pm-4pm	Safety Award for Teachers
4pm-6.30pm	Swimming lessons
6.30pm-7.30pm	Lifesaving - Rookie
7.30pm-8.30pm	Lifesaving – Survive and save
8.45pm-9.30pm	Adult lane swim
<b>Friday</b>	
6.45am-9.30am	Adult swim
10am-11am	Public swim
11.30am-12.30pm	Fun time swim
1pm-4pm	Aquatic helper course
4pm-5.15pm	Fun time swim
5.30pm-6.30pm	Adult lane swim
6.30pm-9.30pm	Wombourne swimming club
<b>Saturday</b>	
8am-9am	Adult swim
9.15am-1.15pm	Swimming lessons
1.30pm-3.15pm	Public swim
3.30pm-5pm	Black country triathletes
5.15pm-6pm	Fun time swim
6.15pm-7pm	Party hire / Pool hire
<b>Sunday</b>	
8am-12pm	Triathlon
12pm-3.30pm	Swimming lessons
3.30pm-7.30pm	Wombourne swimming club

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## DESCRIPTIONS

<b>PUBLIC SWIM</b>	Recreational swimming for the whole family.
<b>ADULTS ONLY</b>	A swim for adults 16+.
<b>PARENT AND TODDLER</b>	For adults accompanying children under 5.
<b>SEND SWIM</b>	A session for those with additional needs. Carers swimming for free.
<b>FUNTIME SESSION</b>	A fun session for children with floats.
<b>SWIM LESSONS</b>	See South Staffordshire Swim Academy timetable.
<b>LIFESAVING CLASSES</b>	RLSS UK's Rookie Lifeguard programme gives your child the skills they need to be confident in the pool or the sea.

## GUIDELINES

Children under the age of 8 years must be accompanied by an adult aged 16+ on a ratio of 1 adult to 2 children. (If management feel children are at risk, a ratio of 1:1 may be enforced at the manager's discretion).
A pool hoist is available on request.
During school holidays the daytime programme is subject to change.
The Sunday morning programme may change due to club bookings.
Male and female changing rooms are available and lockers are provided. These take a £1 coin to lock which is returnable.
The swimming pool is 1m deep in the shallow end and 2m deep in the deep end with ladder entry in both the shallow and deep end of the pool.
Off peak membership times are from centre opening – 5pm. Peak times are 5pm onwards

## AGE LIMITS

Child in opposite sex changing room	Under 8
Swimming unaccompanied	8yrs+
Parent & toddlers swim	Under 5
Adults accompanying child under 8	16yrs+
Swimming adults only	16yrs+

## PRICES

	PAY AS YOU GO	LEISURE ADVANTAGE CARD
<b>Adults</b>	£5.10	£4.60
<b>Junior</b>	£3.30	£2.90
<b>Under 5's</b>	Free	Free
<b>60+</b>	£3.70	£3.30
<b>Parent &amp; toddler</b>	£4.40	£4.00
<b>Lifesaving Child</b>	£4.00	£3.60
<b>Lifesaving Adult</b>	£5.50	£5.00

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