Affordable fitness with South Staffordshire Council's leisure centres

Swimine

Cheslyn Hay Leisure Centre October half term Swimming Timetable Monday 27th – Friday 31st October

TIME	CLASS	
Monday		
7am-8.30am	Adults Only	
9am-10am	Swim Lesson Crash Course	
12.30pm-1.30pm	Adults Only	
1.45pm-2.45pm	Fun Session With Floats	
5pm-7.30pm	Phoenix Swimming Club	
7.30pm-9pm	Chase Swimming Club	
9pm-10pm	Adults Only	
Tuesday		
6.30am-8am	Chase Swimming Club	
9am-10am	Swim Lesson Crash Course	
12.30pm-1.30pm	Adults Only	
1.45pm-2.45pm	Fun Session With Floats	
4pm-7pm	Swim Lessons	
7pm-8pm	Public Swim	
8pm-9pm	Prima Sub Aqua/Chase S C	
9pm-10pm	Adults Only	
Wednesday		
7am-8.30am	Adults Only	
9am-10am	Swim Lesson Crash Course	
12.30pm-1.30pm	Adults Only	
1.45pm-2.45pm	Fun Session With Floats	
4pm-7.30pm	Swim Lessons	
7.45pm-8.30pm	Aqua Aerobics	
8.30pm-10pm	Adults Only	

TIME	CLASS	
Thursday		
6.45am-8am	Chase Swimming Club	
9am-10am	Swim Lesson Crash Course	
12.30pm-1.30pm	Adults Only	
1.45pm-2.45pm	Fun Session With Floats	
5pm-6pm	Phoenix Swimming Club	
6pm-7pm	Public Swim	
7pm-9pm	Chase Swimming Club	
9pm-10pm	Adults Only	
Friday		
7am-8.30am	Adults Only	
9am-10am	Swim Lesson Crash Course	
12.30pm-1.30pm	Adults Only	
1.45pm-2.45pm	Fun Session With Floats	
5pm-8pm	Chase Swimming Club	
8pm-9.30pm	Adults Only	
Saturday		
6.30am-8.15am	Chase Swimming Club	
8.15am-12.45pm	Swim Lessons	
2pm-3pm	Public Swim	
3.15pm-4.15pm	Fun Session With Floats	
4.30pm-5.30pm	Phoenix Swimming Club	
Sunday		
8am-9.30am	Adults Only	
11am-12pm	Public Swim	
12pm-1pm	Otters Disability Swimming Club	
1.15pm-2.15pm	Public Swim	
2.15pm-3.00pm	Members Only Swim	
3pm-6.30pm	Chase Swimming Club	

PRICES

	PAY AS YOU GO	LEISURE ADVANTAGE CARD
Adults	£5.10	£4.60
Junior	£3.30	£2.90
Under 5's	Free Free	
60+	£3.70	£3.30

Cheslyn Hay Leisure Centre • Tel: 01922 417790 • Email: cheslynhay@sstaffs.gov.uk

Codsall Leisure Centre • Tel: 01902 844032 • Email: codsall@sstaffs.gov.uk

Penkridge Leisure Centre • Tel: 01785 714152 • Email: penkridge@sstaffs.gov.uk

Wombourne Leisure Centre • Tel: 01902 898202 • Email: wombourne@sstaffs.gov.uk

Swimmine

DESCRIPTIONS

Public Swim	Recreational swimming for the whole family.
Adults Only	A swim for adults 16+.
Fun time session with floats	A fun session for children with floats.
Swim lessons	For members of South Staffordshire Swim Academy.
Chase Swimming Club	A private session for swimming clubs. No public entry. Please see Clubs leaflet for more information.
Phoenix Swimming Club	A private session for swimming clubs. No public entry. Please see Clubs leaflet for more information.
Cheslyn Hay Life Saving Club	A private session for swimming clubs. No public entry. Please see Clubs leaflet for more information.
Otters Disability Swimming Club	A private session for swimming clubs. No public entry. Please see Clubs leaflet for more information.
Staff Swim	An exclusive swim for staff working for South Staffordshire Council and Windsor Academy Trust. Please show ID badges at reception (Term-time only).
Members Only Swim	An exclusive swim for members only.

GUIDELINES

Children under the age of 8 years must be accompanied by an adult aged 16+ on a ratio of 1 adult to 2 ch	ildren.
(If management feel children are at risk, a ratio of 1:1 may be enforced at the manager's discretion).	

A pool hoist is available on request.

During school holidays the daytime programme is subject to change.

Male and female changing rooms are available and lockers are provided. These take a £1 coin to lock which is returnable.

The swimming pool is 1m deep in the shallow end and 2m deep in the deep end with ladder entry in both the shallow and deep end of the pool.

Off peak membership times are from centre opening – 5pm. Peak times are 5pm onwards

AGE LIMITS

Child in opposite sex changing room	Under 8
Swimming unaccompanied	8yrs+
Parent & toddlers swim	Under 5
Adults accompanying child under 8	16yrs+
Swimming adults only	16yrs+

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