Affordable fitness with South Staffordshire Council's leisure centres

## Swimming

# Codsall Leisure Centre October half term Swimming Timetable Monday 27<sup>th</sup> October - Sunday 2<sup>nd</sup> November

TIME	CLASS	
Monday		
7.15am-8.15am	Early Bird Swim (adults only)	
9.30am-10.30am	Public Swim	
11.00am-12.00pm	Fun Swim	
4.00pm-7.00pm	Swimming Lessons	
7.05pm-7.50pm	Aqua Aerobics	
7.15pm-7.50pm	Adult Swim (deep end only)	
7.50pm-8.30pm	Public Swim	
Tuesday		
7.30am-8.15am	Aqua Aerobics	
9.30am-10.30am	Public Swim	
11.00am-12.00pm	Fun Swim	
4.00pm-7.00pm	Swimming Lessons	
7.15pm-8.15pm	Public Swim	
Wednesday		
7.15am-8.15am	Early Bird Swim (adults only)	
9.30am-10.30am	Public Swim	
11.00am-12.00pm	Fun Swim	
3.30pm-4.15pm	50+ Swim	
5.00pm-8.00pm	Swimming Lessons	
8.15pm-9.30pm	Adult Swim	
Thursday		
9.30am-10.30am	Public Swim	
11.00am-12.00pm	Fun Swim	
4.00pm-7.00pm	Swimming Lessons	
7.15pm-9.15pm	Public Swim	

TIME	CLASS	
Friday		
7.15am-8.15am	Early Bird Swim (adults only)	
9.30am-10.30am	Public Swim	
11.00am-12.00pm	Fun Swim	
3.30pm-4.15pm	50+ Swim	
4:30pm-7.30pm	Swimming Lessons	
7.45pm-8.45pm	Public Swim	
8.45pm-9.30pm	Adult Swim	
Saturday		
8.00am-8.45am	Adult Swim	
9.00am-1.00pm	Swimming Lessons	
1.30pm-2.30pm	Fun Swim	
3.00pm-4.00pm	Public Swim	
Sunday		
9.00am-10.00am	Adult Swim	
10.15am-11.45am	Public Swim	
12.00pm-2.30pm	Swimming Lessons	
3.00pm-4.00pm	Fun Swim	

Cheslyn Hay Leisure Centre • Tel: 01922 417790 • Email: cheslynhay@sstaffs.gov.uk
Codsall Leisure Centre • Tel: 01902 844032 • Email: codsall@sstaffs.gov.uk
Penkridge Leisure Centre • Tel: 01785 714152 • Email: penkridge@sstaffs.gov.uk
Wombourne Leisure Centre • Tel: 01902 898202 • Email: wombourne@sstaffs.gov.uk

### Swiming

### **DESCRIPTIONS**

PUBLIC SWIM	Recreational swimming for the whole family.
ADULTS ONLY	A swim for adults 16+.
EARLY BIRD SWIM	A swim for adults 16+.
FUN SWIM	A fun session for children with floats.
SWIM LESSONS	See South Staffordshire Swim Academy timetable.

### **GUIDELINES**

Children under the age of 8 years must be accompanied by an adult aged 16+ on a ratio of 1 adult to 2 children. (If management feel children are at risk, a ratio of 1:1 may be enforced at the manager's discretion).

A pool hoist is available on request.

During school holidays the daytime programme is subject to change.

Male and female changing rooms are available and lockers are provided. These take a £1 coin to lock which is returnable.

The swimming pool is 0.9m deep in the shallow end and 3.3m deep in the deep end with ladder entry in both the shallow and deep end of the pool.

Off peak membership times are from centre opening – 5pm. Peak times are 5pm onwards

### **AGE LIMITS**

Child in opposite sex changing room	Under 8
Swimming unaccompanied	8yrs+
Adults accompanying child under 8	16yrs+
Swimming adults only	16yrs+

### **PRICES**

	PAY AS YOU GO	LEISURE ADVANTAGE CARD
Adults	£5.10	£4.60
Junior	£3.30	£2.90
Under 5's	Free	Free
60+	£3.70	£3.30

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